

Recipes for the Soul ...

The following recipe for **cinnamon rolls** is a favorite for the Old Collegians who enjoy these at Saturday brunch when I have the time to make them. This is easy to follow and produces excellent results. If you have time, you may prepare them the evening before, cover them carefully with plastic wrap, and refrigerate overnight. Then in the morning, bring them to room temperature (about 45 minutes), and bake for warm cinnamon rolls ready to serve.

Ingredients for the dough

- 1 pkg. active dry yeast
- 1 cup of warm water
- 2/3 cup of sugar

Mix the above ingredients together in a mixing bowl with a dough hook and let stand for about 15 minutes until yeast is dissolved. *Then add:*

- 1/2 cup of melted butter
- 2 eggs slightly beaten

Mix the melted butter and the beaten eggs into the dissolved yeast mixture and *add:*

- 3 cups of flour

This will be very sticky at this point. Add in small increments to the mixture approximately **2 additional cups of flour**. Be sure to add slowly until the mixture is workable and begin kneading it on a floured board.

When the dough is kneaded and smooth, place in a greased bowl and cover until it doubles in size which is approximately one hour.

The filling

- 1 and 1/4 cup of brown sugar
- 3 tablespoons of cinnamon
- 1 tablespoon of cornstarch

Wisk the above ingredients together and set aside.

When the dough has doubled in size, roll it into two rectangular pieces and spread each piece with 3/4 cup of soft butter. This is 1 and 1/2 cups of butter total for the 2 pieces. Then spread each piece with half of the brown sugar cinnamon filling.

Roll tightly together and cut into 6 or 8 pieces and place in a round greased cake pan and let double in size before baking.

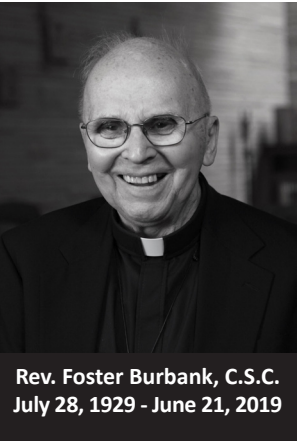
Bake in a 350 degree oven for about 25 minutes or until golden brown. Remove from the oven, invert the pans for about 5 minutes, and then turn them over in an upright position.

Cream Cheese Frosting

Cream together **4 oz. softened cream cheese with 1/4 cup of butter and add 1 cup of powdered sugar and 2 tsps. of vanilla**. When smooth and without lumps, frost the warm cinnamon rolls and serve.



Please remember in your prayers the following members of the United States Province of Priests and Brothers who died recently. May they rest in peace!

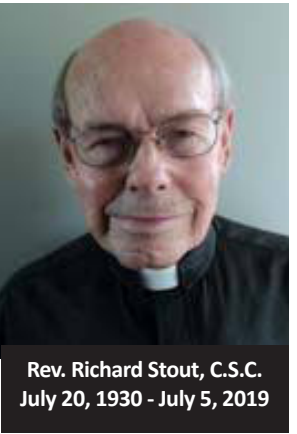


Rev. Foster Burbank, C.S.C.
July 28, 1929 - June 21, 2019

Rev. Foster J. Burbank, C.S.C., died at Holy Cross House at Notre Dame on June 21. He was ordained in 1957 and spent most of his priesthood in the former Eastern Province in teaching and administration and assisting in parishes. He resided at Stonehill College from 1989 until 2017 when he came to Holy Cross House. For many years, he also served as Director of Province Events for the Eastern Province. A wake service was held on July 1 in the Chapel of Mary at Stonehill College. The funeral Mass followed on July 2 with burial in Holy Cross Cemetery in Easton, Massachusetts.

Rev. Patrick H. Maloney, C.S.C., died at Holy Cross House at Notre Dame on June 27. He was ordained in 1954 and was a gifted voice professor at the University of Notre Dame for over 40 years. He taught hundreds of students voice lessons as well as many seminarians and brother scholastics.

After retiring from the faculty at Notre Dame in 2001, he worked for the next twelve years for many weekends with the Worldwide Marriage Encounter until moving to Holy Cross House in 2013. A wake service was held at Moreau Seminary on July 2, and the funeral Mass followed on July 3 with burial in the Community Cemetery at Notre Dame.



Rev. Richard Stout, C.S.C.
July 20, 1930 - July 5, 2019

Rev. Richard E. Stout, C.S.C., died at Holy Cross House on Friday, July 5, 2019, where he resided since 2015. He made his First Profession of Vows in 1953 as a brother and transferred to the priests' society in 1968. He was ordained in 1971. He spent his first years in Holy Cross House as a nurse, and after ordination worked as a hospital chaplain at Presbyterian-St. Luke's Hospital in Chicago. He spent the next fifteen years at King's College in Wilkes-Barre, Pennsylvania, and the next twenty-five years in East Africa. A wake service was held on Thursday, July 11, at Moreau Seminary, and the funeral Mass was at Sacred Heart Basilica, Notre Dame, Indiana. Burial followed in the Community Cemetery at Notre Dame.

Rev. Claude A. Pomerleau, C.S.C., died on Sunday morning, July 21, 2019, at Holy Cross House. Claude entered Holy Cross in 1957 and was ordained in 1965. He earned his doctorate in political science at the University of Denver and taught at the University of Notre Dame followed by being the Rector of St. George's College in Santiago, Chile. In 1991, Claude was assigned to the University of Portland where, for more than a quarter of a century, he taught political science, was the department chair, and served as religious superior of the Holy Cross Community in Portland. A wake service was held at Moreau Seminary on Thursday, July 25, and the funeral Mass was at the Basilica of the Sacred Heart at Notre Dame on Friday, July 26. Burial followed in the Community Cemetery at Notre Dame.

God bless you and God bless the Congregation of Holy Cross,

Brother Donnell, CSC

AUGUST APPEAL and YOUR FEEDBACK

With the new academic year starting up, there are increased expenses for the Formation Program. Any way you can help would be greatly appreciated. See it as an investment in the future of Holy Cross and our Church.

And please take a moment to review the **enclosed information preference and giving card**. Your response, like your gift, is very important to us.

CROSS LINKS

CONGREGATION OF HOLY CROSS, UNITED STATES PROVINCE OF PRIESTS AND BROTHERS
Holy Cross Association Post Office Box 771 Notre Dame, Indiana 46556-0771 Phone: 574.631.6022 association@holycrossusa.org DStabrowski@holycrossusa.org

August 2019

Dear Friends of Holy Cross,

It's no mystery that God's creation is a recurring sequence of growth and decay, life and death. I'm reminded of this frequently, but particularly this time of year as we welcome seminarians and scholastics making their first profession of vows – 12 this year – and every time one of our members pass (we've had four deaths in the last eight weeks). The profession of vows for these young men beginning to live the sacred vows of poverty, chastity and obedience is a continuation of the vows professed so many years ago by our recently deceased. Our vows and our formation in Holy Cross bind us together as family, transcending time and place. Old and new, senior and young, the cycle continues.

Twelve Novices Pronounce their First Vows

After completing their novitiate year at Holy Cross Novitiate in Cascade, Colorado, 12 novices professed their First Vows as members of the United States Province of Priests and Brothers on August 3, 2019. These men will now begin their studies as seminarians or scholastic brothers at Moreau Seminary at Notre Dame. God has blessed us with these young men, and we ask that you remember them in your prayers as they continue to discern their vocations as priests or brothers in our province. Below is a picture of the newly professed.



From left to right, First Row: Mr. Nicholas Guiney, C.S.C., Mr. Peter Puleo, III, C.S.C., Mr. Ryan Kerr, C.S.C., and Mr. Brian Vetter, C.S.C. Second Row: Mr. Michael Ryan, C.S.C., Mr. Tyler Kreipke, C.S.C., and Mr. Edward Dolphin, C.S.C. Third Row: Br. Matthew Rehagen, C.S.C., Mr. Stephen Jakubowski, C.S.C., Br. Jacob Eifrid, C.S.C., Mr. Luke Donahue, C.S.C., and Mr. Andrew Hamaty, C.S.C.

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THE MANY WAYS WE FORM LIVES



July 1 marked a year since I began as the Chaplain of the Holy Cross Association which has been part of my assignment for the past year. It has been a very interesting year, very different from all of my previous assignments in full-time education and administration. I left the University of Portland after twenty-four years on the faculty, as dean and provost for the majority of those years, and then served in our provincial administration for six years. When my term ended last July 1, I had no idea of what this year would be like. This would be the first time in more than fifty years that I would not be involved in a full-time assignment in teaching and administration. Last July 1 I actually began several different assignments. First, as already mentioned, I became the Chaplain to Holy Cross Association and over the last year have been very impressed by the large number of generous supporters of our Holy Cross ministries. Holy Cross College also provided me the opportunity to teach a class there, and additionally, I became the procurator of the Old College Undergraduate Seminary Program here at Notre Dame. I soon found myself involved in three very different assignments that I must admit were a challenge at first, but as the year evolved, these became very enjoyable as I learned my role in each of them.

My greatest challenge has been keeping schedules straight given the different commitments I had this past year. Serving as the procurator for the Old College Program turned out to be very satisfying and fulfilling. Working with college men who are discerning their call to religious life was very similar to working with college students that had been my main assignment for more than fifty years. Teaching a political science course at Holy Cross College in the

spring semester fulfilled my goal of having achieved fifty years in teaching since I began that wonderful profession in 1963. Serving as the Chaplain for the Holy Cross Association entails spending afternoons in that office in a variety of tasks that respond to your requests for prayers and other favors from our Holy Cross Community. I reside at Moreau Seminary in a large community of Holy Cross men who work in the formation of the seminarians, teach classes, serve as chaplains on campus and at St. Mary's College, and of course, our temporarily professed seminarians and scholastic brothers. As I reflect back on the year, I thank God for having given me this opportunity to do things that I would never have expected to be part of when I entered the Congregation of Holy Cross in 1959.

I would like to give you some sense of these many different assignments for two reasons. First, I want to let you know how thankful we are for the many wonderful blessings God has given us with young men interested in religious life and priesthood. Second, relating some of the particular experiences of the past year with these individuals, I hope you will appreciate the quality of the men who are interested in Holy Cross since your continued support makes all of this possible. Truly, when I think of what all of this means, I am more and more convinced in the role that Divine Providence has in not only my own life, but in the life and work of the Congregation of Holy Cross. I will attempt to describe my experiences this past year in each of these assignments, and in doing so provide you with an impression of how important each of these are in building a cadre of men who will carry on the mission of the Congregation of Holy Cross into the future.

The Old College Undergraduate Seminary Program is located in the oldest building on the Notre Dame



campus. The brothers who came with Fr. Sorin in 1842 to establish a new school in the wilderness of Northern Indiana built the main part of the structure in 1843 and with several additions and uses over almost two centuries, it now houses the youngest men in our Province who are considering a vocation to the religious life and priesthood.

In August, eleven "old collegians" began the year with Fr. Brian Ching, C.S.C., as their director, Seminarian Joe Pedersen, C.S.C., as assistant director, and I served as the procurator; together the three of us were the formators for these young men. As procurator, my main duties centered primarily on supervision of the kitchen and seeing that the basic needs for running the house were in order. When the year began following Br. Ed Luther, C.S.C.'s, many years in that role, I had no idea of what exactly would be the challenges and rewards of this assignment. However, as the year progressed, and as I reflect on it, I am thankful to have had the opportunity to work with these young men. I was impressed by the end of the academic year, before they departed for their summer experiences, at how much each of them grew over the course of the year.

In every aspect of their lives, they demonstrated growth. Academically they are strong; they have developed a spiritual life appropriate to their present

circumstances, and each of them has been very generous in supporting a strong sense of community with the group. They have even demonstrated stronger culinary skills as they prepared Sunday dinners for the house and guests. They have come a long way in this regard, and I look back with amazement as I remember one of them boiling pasta at 3:30 p.m. for a 6:00 p.m. dinner. When I asked him if this was a bit early, he very confidently said they always did this at home. Well, you can imagine the large glob of dough that the pasta became as it boiled away for more than two hours. Fortunately, we had sufficient time, about a half hour, before dinner to convince him this was inedible, and we had additional pasta to cook that eventually produced a wonderful dinner. My other favorite remembrance was one of our most energetic and generous men who had a recipe for a salad that called for about seventeen different ingredients. The directions called for the zest of a fresh lime. He brought the lime to me, and he asked if he had to peel the lime before making a zest. He quickly learned what zest meant, and actually the salad was quite good. Over the year, each of these men were able to develop culinary skills more in line with their capabilities, and the results were very good. These examples demonstrate their willingness and generosity in serving the community, and I am convinced that they will all be able to provide for themselves quite well in the future.

During the second semester, I taught a course in American politics at Holy Cross College. That too was a great experience, as I had not taught during the six previous years when I served in the provincial administration. I was afraid that students had changed drastically over the previous six years, but I was pleasantly surprised to find they are still young, wonderfully eager individuals who actually want to learn. It took about half the semester for



them to learn how to study for in class examinations as well as prepare regularly for class. Again, these young women and men were a delight to teach, and just observing what they had accomplished by the end of the semester provided another very satisfying experience for me. I am teaching the same course in the coming fall semester and looking forward to that as I enter my fifty-first year of teaching.

Each afternoon I serve as the Chaplain for the Holy Cross Association and, with an excellent staff, we write and sign thank you letters to those who have made requests for Masses and prayers that day. This has been another very good opportunity for me to realize that there are so many people who support the mission of the Congregation of Holy Cross. Our priests and brothers are able to accomplish so much in their various ministries because of your prayers and monetary support. Your continued support helps us in so many different ways from our work in formation of future priests and brothers, to our educational apostolates, to the work we do in parishes, and our many different ministries in foreign countries.

Living here at Moreau Seminary has also been a blessing for me. With our seminarians and brother scholastics, the postulants, and the staff of priests and brothers, I am convinced now in my older years

that Holy Cross has a great future. We need to thank God for blessing us with men who are not only talented, but they are very generous in discerning their call to consecrated life and priesthood. Since I spend a lot of time each day living and working with young men who very well could be my grandsons, I actually feel much younger than my years.

As one year ends and I anticipate the next year, I am grateful to have had the opportunity for these new experiences. At my age, and after so many years in teaching and administration, I had never thought of working in formation or serving as your Chaplain for the Holy Cross Association. I would never have dreamed of doing these things, and yet, I have been thankful for having this opportunity to participate and enjoy the experience of the past year. I trust that many of you as you look back at your lives will have had the same experience. It may take decades of living to have the same understanding of how important God's plan for us unfolds. But, with prayer and reflection, we need to thank God for our understanding of His guidance through many different turns and changes over a lifetime to see it as fulfilling and truly doing what He has intended for us.