**THE PROCESS OF Formation**

**Old College**
LENGTH OF TIME: 3 Years (Freshman - Junior)
DEGREES SOUGHT FROM:
- University of Notre Dame
- Holy Cross College
CHARACTERISTICS:
- 30 credits of philosophy
- 12 credits of theology
- Can major in any subject

**College/Working World**
- After completing an undergraduate degree from a 4-year accredited college or university, a young man may inquire about admission to the postulancy program
- The age limit is 35 years old

**Postulancy**
LENGTH OF TIME: 1 Year
LOCATION: Moreau Seminary
CHARACTERISTICS:
- 30 credits of philosophy
- 12 credits of theology
- Introduction to community life
- Introduction to the Liturgy of the Hours
- Towards the end of the year, the postulant makes the decision whether or not to apply to the novitiate
- The summer after this year, the postulant spends 6-8 weeks at a Holy Cross apostolate, getting to know the religious there while doing active ministry

**Novitiate**
LENGTH OF TIME: 1 Year
LOCATION: Cascade, Colorado
CHARACTERISTICS:
- Formal reception into the community
- Decision to pursue training as a seminarian or scholastic
- Contemplative silence
- Learning to pray
- Minimal contact with the world
- Upon the completion of the novitiate, the novice professes temporary vows of chastity, poverty, and obedience for the first time
- He makes these vows for 1 year

**Professed Seminarian**
LENGTH OF TIME: 4+ Years
LOCATION: Moreau Seminary
CHARACTERISTICS:
- Training to become a Holy Cross priest
- Completion of a Master of Divinity Degree
- Yearly renewal of vows
- Possible pastoral year in any Holy Cross apostolate
- Increasing ministerial work and responsibilities

**Professed Scholastic**
LENGTH OF TIME: 4+ Years
LOCATION: Moreau Seminary
CHARACTERISTICS:
- Training to become a Holy Cross brother
- Completion of a master’s degree in theology
- Yearly renewal of vows
- Possible pastoral year in any Holy Cross apostolate
- Increasing ministerial work and responsibilities

**Final Vows/Ordination**
LOCATION: Basilica of the Sacred Heart & Moreau Seminary Chapel
CHARACTERISTICS:
- Seminarians and scholastics profess their Final Vows together
- Seminarians profess Final Vows on a Saturday in the fall with diaconate Ordinations the next day
- The new deacons spend 8 months doing full-time ministry before their Ordination to the priesthood

- Scholastics and seminarians profess their Final Vows together
- A scholastic professes forever the vows of poverty, chastity, and obedience in the Congregation of Holy Cross
- After his final profession, he enters into full-time ministry in the Church as a Holy Cross Brother