

Recipes for the Soul ...

Jean Killian from Warrensburg, NY sent Fr. Gary the following recipe for cranberry layer cake that I will try this coming month as autumn sets in and the smell of freshly baked cake in a warm kitchen is most welcome.

Cranberry Layer Cake

- 1 pkg. white cake mix (regular size)
- 1 and 1/3 cups water
- 3 large eggs
- 1/3 cup canola oil
- 1 Tbsp. grated orange peel
- 1 cup fresh or frozen cranberries (thawed if frozen and coarsely chopped)
- 1 cup finely chopped walnuts

Cream Cheese Frosting

- 1 pkg. (8 oz) cream cheese, softened
- 1/2 cup butter softened
- 1 tsp. vanilla extract
- 3 and 1/2 cups confectioners' sugar
- 1/2 tsp. grated orange peel
- 1/4 cup finely chopped walnuts

1. Preheat oven to 350 degrees. Line bottoms of two greased 9-inch round baking pans with parchment paper; grease paper. In a large bowl, combine the first five ingredients; beat on low speed for 30 seconds. Beat on medium speed for 2 minutes. Stir in cranberries and walnuts. Transfer batter to prepared pans.
2. Bake for 30-35 minutes or until a toothpick inserted in center comes out clean. Cool in pans for 10 minutes before removing to wire racks; remove paper. Cool completely.
3. In a large bowl, beat the cream cheese, butter and vanilla. Gradually beat in the confectioners' sugar and orange peel until smooth. Spread frosting between layers and over the top and sides of the cake. Sprinkle with walnuts. Refrigerate leftovers.

Enjoy!

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CROSS LINKS

CONGREGATION OF HOLY CROSS, UNITED STATES PROVINCE OF PRIESTS AND BROTHERS
 Holy Cross Association Post Office Box 771 Notre Dame, Indiana 46556-0771 Phone: 574.631.6022 association@holycrossusa.org DStabrowski@holycrossusa.org

October 2018

Dear Friends of Holy Cross,

A picture paints 1,000 words, so I'm going to let the pictures and short news briefs tell the story of recent highlights with the United States Province.



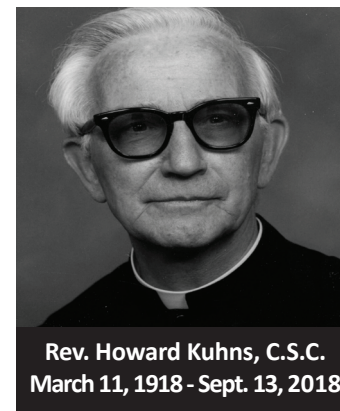
From left to right: Bryan Williams, C.S.C., Michael Thomas, C.S.C., Brogan Ryan, C.S.C., Karl Romkema, C.S.C., and Brian Kennedy, C.S.C.

Five young men professed their Final Vows as Holy Cross Religious on Saturday, August 25, 2018 in the Basilica of the Sacred Heart at Notre Dame. The following day, Bishop Kevin Rhoades of the Diocese of Fort Wayne-South Bend ordained **Brian Kennedy, C.S.C., Brogan Ryan, C.S.C., Karl Romkema, C.S.C., and Bryan Williams, C.S.C.**, to the transitional diaconate. The fifth young man, **Michael Thomas, C.S.C.**, was ordained a deacon at St. George's College in Santiago Chile on September 15 where he is spending his diaconate year. These men will be ordained priests in the Congregation of Holy Cross on April 16, 2019.

Fr. Leonard Banas, C.S.C., was a native of Chicago who entered Holy Cross in 1946 and was ordained in 1952. He taught classical languages at Notre Dame for many years, was the Superior of Corby Hall, and Assistant Dean of the College of Arts and Letters. He also served as a weekend priest at St. Thomas Parish in Elkhart, IN for more than 25 years. His funeral Mass was at the Basilica of the Sacred Heart on August 28, and burial followed in the Community Cemetery at Notre Dame.



Rev. Leonard Banas, C.S.C.
Nov. 6, 1926 - Aug. 22, 2018



Rev. Howard Kuhns, C.S.C.
March 11, 1918 - Sept. 13, 2018

Fr. Howard Kuhns, C.S.C., was a native of Canton, Ohio who entered Holy Cross in 1939 and was ordained in 1946. He received his doctorate in history from Georgetown University and taught at Notre Dame and Holy Cross College in Washington, D.C. He served at St. Casimir Parish in South Bend from 1974 to 1987 as an associate and pastor. He also served for more than 15 years as pastor of St. Michael Parish in Gila, AZ. His funeral Mass was at the Basilica of the Sacred Heart on September 18, and burial followed in the Community Cemetery at Notre Dame.

Brother Donald, CSC

REMEMBERING OUR DEARLY BELOVED



Halloween is difficult to ignore in the United States. Stores lay in huge supplies of costumes, plastic pumpkins, and all kinds of decorations that make the event the second most celebrated “holiday,” second only to Christmas in total sales. We have even come to decorating the outside of houses with orange lights, carved pumpkins

and strings of ghosts made easily out of old linen sheets. Parents of smaller children plan their trick or treat routes, and households lay in huge supplies of candy to pass out to those who appear at their doors that evening. Weeks before the actual day, weather forecasters try to predict good weather for at least the few hours children will be outside on October 31. Given the amazing amount of money spent and time used to plan for Halloween, it is easy to see how much our spending and decorating take in the entire month of October. Do we ever stop and consider the origins of Halloween? If we try to answer this question, we quickly see how what we have secularized as a holiday actually did come from religious practices. The actual day of Halloween, October 31, is the eve of the Feast of All Saints, and the next day, November 2, is All Souls Day.

The word “Halloween” referred originally to the eve of the feast of All Saints, or the vigil of the Feast of All Saints, and was referred to in years past as “All Hallows Eve,” a day in which we would recall those who had gone before us and were awaiting the Communion of Saints. It was and still is a beautiful way to remember those who have gone before us but are not yet in the Communion of Saints whose feast we celebrate on All Saints Day. The Catechism of the Catholic Church reminds us that the Holy Souls are those who die in God’s grace and friendship but who are still imperfectly purified. After death, they may still need to undergo purification to achieve the holiness necessary to enter the joy of heaven (CCC 1030). We have consolation in knowing that we have the privilege of helping the Holy Souls to enter heaven through almsgiving, indulgences,

and works of penance undertaken on behalf of the dead. The practice of remembering those who have gone before us is also very much a part of every Mass when the priest asks us to remember the Holy Souls who have gone before us during the Eucharist prayers. We also have Masses said for the deceased as another way of remembering those in purgatory. The connection then between Halloween and All Saints Day and All Souls Day was a natural way of remembering those who had died but were not yet enjoying the Beatific Vision as members of the Communion of Saints. The celebration of All Saints and All Souls Days are vivid reminders each year of remembering the dead. This practice has become so widespread that Catholics eventually set aside the entire month of November to remember those Holy Souls waiting to see God fully.

Over the centuries, the Church provided specific ways for us to remember those faithful souls in purgatory. For example, on All Souls Day, priests have the privilege of offering three Masses, which represents the importance of having Masses said for the deceased. The Church also offered plenary indulgences on All Souls Day if we would piously visit a church or oratory for a particular deceased person and recite the usual prayers for the Holy Father.

A very old custom, going as far back as the early Church in Rome, when Catholics would visit the graves of their deceased. These were the catacombs where Christians secretly celebrated liturgies to avoid Roman persecutions. There, they offered prayers for their beloved dead literally on the tombs of the faithful departed. Even today, thousands of people each day visit the tombs of popes and martyrs in and under St. Peter’s Basilica in Rome. Today, in almost every country and culture, those who survive the dead often visit the graves of the faithful departed. They elaborately decorate the graves and light candles for the deceased, especially on the eve of All Souls Day. Many Catholic cemeteries were frequently next to the Church so that parishioners could visit the graves of their

relatives after Sunday Masses. The Church for many years offered a plenary indulgence for visiting the graves of the faithful departed during the first week of November each year.

The priests and brothers of our Province each year gather on All Souls Day at Our Lady of Fatima House on the Notre Dame campus for Mass for all those members of our Holy Cross Community who died during the past year. After the Mass, the congregation processes to the Community Cemetery and spends some time visiting the graves of these men. A prayer service concludes the ceremony in the cemetery with the singing of the Salve Regina, and this annual event has become a very impressive way of remembering our departed brothers who we worked with and lived with for so many years.

Another recent and growing practice is providing a Book of Prayer for the Faithful Departed during the month of November in which the names of deceased individuals are listed. These books of prayer remain in churches or chapels through the entire month of November, and at each Mass and public devotion the celebrant or leader will ask the congregation to remember them in prayer. In our four universities and colleges, books of prayers are very popular and people respond well to this invitation to remember those who have gone before us. As well, our parishes and religious houses have books of prayer in November, and this has become a beautiful way of remembering the dead. The Holy Cross Association offers this opportunity for its members to provide the names of their deceased relatives and friends for a Book of Prayer that will remain in the Moreau Seminary Chapel here at Notre Dame during November. A slip is included in this mailing inviting you to send us individuals you wish to include in the book that will be included in all Masses and prayers said in this Chapel in November.

November has become a very special month, a time each year when we have the opportunity to remember those who have gone before us. We each have our own ways of remembering our own

departed ones—especially our parents, spouses, children, and other close friends who left us during the past year. We find consolation in doing so, and it reminds us that we may affect those souls in purgatory who still await full participation in the Communion of Saints.

So, as we move through October and witness the daily reminders of Halloween, let us remember the original meaning of why we celebrate the Eve of the Feast of All Saints, and then the wonderful day given us by the church to remember the Poor Souls. As November nears, then, let us use those days to remember our dear ones who have gone before us. We might use the opportunity to recite that beautiful prayer we say for someone who has died every time we see a reminder of Halloween. By personalizing this prayer with the name of an individual we would like to remember is a very easy way to recall the true meaning of Halloween while praying for someone close to us who has departed.

Eternal rest grant to them, O Lord, and let perpetual light shine on (insert the name of a loved one you wish to remember). And, may the souls of all the faithful departed rest in peace. Amen.

NOVEMBER PRAYERS

As we have been doing all these years, we men of Holy Cross will be remembering not only our own beloved dead, but yours as well.

If you wish, jot down the names of those you would like us to remember on the enclosed prayer sheet. They will be placed by the altar at Moreau Seminary throughout the month of November.

No offering is required, but any gift that is included will be used for the needs of Holy Cross.